

Securing an Excellent Physical Education Curriculum for the Children of Botley C of E Primary School



Intent of the Physical Education Curriculum

Physical Education at Botley C of E Primary will enable children to develop excellent knowledge, skills and understanding, so that they can perform, with increasing competence and confidence, in a range of physical activities. At Botley, these include dance, games, gymnastics, swimming and water safety, athletics and outdoor adventure activities. Physical Education involves thinking, selecting and applying skills, and it promotes positive attitudes towards a healthy lifestyle. This is something we highly value at Botley C of E Primary School. We aim to enable every child to make healthy food choices and take part in a good level of physical activity through the adoption of an active lifestyle.

The school strive to ensure that every pupil develops a passion for being active through varying and plentiful opportunities for Physical Education School Sport and Physical Activity. We provide the environment for children to flourish and build their confidence and enjoyment of being active and taking part in sport.

Through fostering the enjoyment that taking part in Physical Education School Sport and Physical Activity can bring, we focus on building up children's confidence to explore sport and physical activity both independently, and with others in a social context. We hope that this enjoyment and passion, will enable our children to develop and explore physical skills with increasing control, and through practice, understand how to improve the quality and control of their performances as well as develop core life skills such as reflection, resilience and teamwork

Implementation of the Physical Education Curriculum

The school's PE curriculum encompasses both teaching and applying 'fundamental' skills in sporting activities, and providing the opportunities to use these skills in competitive and non-competitive sporting events.

Children participate in multiple Physical Education and School Sport opportunities over the course of each week. In addition to lessons there are opportunities afforded through our break and lunch time play equipment/ Play Leader activities, residential/non-residential educational visits, master classes, house sports and extra-curricular opportunities.

In the Foundation Stage, children are taught the Physical Development curriculum and are given opportunities to build balance, co-ordination and strength. As required in the National Curriculum, we teach dance, games and gymnastics at Key Stage 1. In Key Stage 2 we teach compulsory dance, games and gymnastics, plus 3 other activities: swimming and water safety, athletics and outdoor and adventurous activities (OAA). Residential weeks in Year 5/6 aid to further support the use of OAA. Swimming and water safety lessons are delivered yearly for every year group in our own swimming pool.

Within PE sessions at Botley C of E Primary, children develop their knowledge, skills and understanding through a mixture of whole class teaching and individual, pair or group activities. Teachers draw attention to good examples of individual performance as models, and encourage the children to evaluate their own work as well as the work of other children. Within lessons we give the children the opportunity both to collaborate and to compete, and they use a wide range of resources.

All pupils are encouraged to evaluate their own work, and the work of others, to suggest ways to improve using subject specific vocabulary. During the teaching sequence for PE, teachers use the progression of skills assessment criteria to assess whether children are emerging, at expected or exceeding in National Curriculum expectations. Teachers record this information and use it to plan the future work of each child and class. We feel that it is essential that pupils are given effective and regular feedback in order to inform them of their strengths, and areas requiring further development. Positive feedback is also a highly important part of PE sessions at Botley, as we believe this significantly builds children's confidence in their own ability, and self-esteem.

Impact of the Physical Education Curriculum

The impact of the PE curriculum at this school is that children are truly enthused by physical activity and develop a love of participating in sport. They are able to effectively develop their physical literacy and improve their understanding of their own bodies in action. They recognise the importance of being physically active to their own wellbeing and value this. They show commitment, determination and collaboration in their sporting activities.

A high proportion of the children will be working at age related expectations or beyond at key points and they are effectively prepared for the next stage of their educational journey within the subject of PE.