

BOTLEY C of E PRIMARY SCHOOL  
ANTI-BULLYING INFORMATION LEAFLET  
FOR PARENTS AND CHILDREN



At Botley C of E Primary School, we believe our school is a special place where children feel cared for, nurtured and love. Our school Christian heart values of determination, stewardship and respect are fundamental to the way in which we live our lives, both at school and at home.

**Bullying is not accepted or tolerated at Botley C of E Primary School and if it occurs, it will be dealt with robustly and effectively.**

It is important for all of our stakeholders to have a clear understanding of the definition of bullying. One off or short term incidents of poor, aggressive, argumentative or abusive behaviour do not constitute bullying. These will, of course, be dealt with in school but they will not be dealt with as an incident of bullying.

Throughout the year, we work with children to develop their understanding of bullying and the impact that it has. We use our PSHE curriculum, special events, worship themes and the 'No outsiders' programme to develop their tolerance and respect of others and to celebrate our differences.

**WHAT IS BULLYING?**

Bullying is:

- Deliberately hurtful behaviour.
- Repeated over a period of time.
- Difficult for those being bullied to defend themselves.

We use the acronym STOP to remind ourselves what bullying is....

**Several  
Times  
On  
Purpose**



There are four main types of bullying:-

**Physical** - hitting, kicking, taking belongings

**Verbal** - name-calling, insulting, racist remarks

**Indirect** - spreading hurtful rumours about someone, excluding someone from social groups or activities

**Electronic** - known as "cyber bullying"; for example via mobile phones, text messages, phone calls and computers (e.g. e-mails, websites, apps, chatrooms)



## WHY IS IT IMPORTANT TO STOP BULLYING?

It is important to stop bullying because: -

- Bullying makes people unhappy.
- Children who are being bullied find it difficult to concentrate fully on their learning.
- Some children may not want to come to school to avoid being bullied.
- All children should see school as a safe, secure environment that they look forward to going into every day
- Children who see bullying behaviour are likely to copy this anti-social behaviour
- Bullying can 'force' children into activities that they are uncomfortable with, including those which could be classed as 'radicalisation'.

## WHAT DO I DO IF I AM BEING BULLIED?

**Do** .....

**TELL SOMEONE**

Ask them to **STOP** if you can

Use eye contact and tell them to go away

Ignore them and walk away

Remember it is not your fault

**Don't** .....

Do what the bully says

Get angry and hit or fight back

Hide what is happening

Think it's your fault



## WHAT CAN I DO IF MY CHILD IS BEING BULLIED?

If you feel that your child is being bullied, please talk to their class teacher in the first instance. If you would like further advice, discussion or support after this, please talk to a member of the safeguarding team; Mr Cooil, Mrs Shuttle or Mrs Roberts.



## WHAT WILL THE SCHOOL DO IF MY CHILD IS BEING BULLIED?

1. Teachers will respond calmly and consistently to incidents of bullying. They will share the expected standard of behaviour with the person who has done the bullying, and they will be encouraged to behave in a more acceptable way. Mr Cooil will be made aware of all incidents of bullying.
2. If the situation does not improve, the teacher will meet the victim again and find out what has happened.
3. A meeting will then be set up with everyone involved including the bullied child, the bully and bystanders. They are told how the victim is feeling.
4. Each child is asked how the behaviour has affected the victim.
5. The group is given the responsibility to sort the situation out with adult support.
6. Each child suggests a way in which they will change their own behaviour in the future.
7. After about a week each member of the group is seen individually to review the situation

## WHERE ELSE CAN I GET SUPPORT AND ADVICE?

<https://www.bullying.co.uk/>

<https://www.kidscape.org.uk/advice/advice-for-parents-and-carers/>

<https://www.anti-bullyingalliance.org.uk/tools-information/advice-parents>

<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/>