

PE NEWSLETTER

AUTUMN / CHRISTMAS EDITION

Newsletter 20

13th December 2018

Dear parents,



With Christmas just around the corner, I write to update you on the recent sporting activities at Botley C of E Primary School and our plans for the coming months. As a school, we continue our commitment to providing high quality opportunities for our children and despite only being a matter of months into the school year, our PE data is already looking strong! So far this year, 57% of all Key Stage 2 (109 children) have taken part in Level 1 sporting competitions at school, with 36% (68 children) having represented our school at Level 2 competitions. All of which have helped see us through as a shortlist nominee for Primary School of the Year in the Eastleigh Sports Awards - we eagerly await the results in February 2019.

Before I divulge our recent activities, just a quick note on PE requirements -

PE Kit

A large majority of this year's PE will be taught outside. In order to facilitate this effectively, may I ask that children have the following items additional to their normal PE kit:

- Warm clothing (including woolly hats and gloves). Hooded tops may be worn but the hoods will need to be tucked in should the topic be an Invasion game. No scarves are permitted as these present potential safety issues, such as strangulation.
- Waterproof tops - A plastic mac or rain jacket would be ideal.
- Trainers - these provide much better grip and support than plimsolls, ideally laced but velcro if children would prefer or struggle with laces. Spare socks are also advisable.
- Plastic bag - the field does get very muddy in the winter months and, assuming it is still safe, we will endeavour to use it. Muddy trainers can be put in the bag to prevent other clothes from getting dirty and avoid trainers being left outside where the elements can get to them.
** More applicable to children in Key Stage 2*
- Water bottle - most children have these in school. I would encourage children to bring these out as physical activity is very tiring and hydration levels need to be kept up to avoid fatigue-related problems such as headaches.

May I remind everyone that ALL jewelry needs to be removed or taped over for PE.

Children in Reception will not require outdoor kit until after the February half term.



PE Absences

In order to keep a record of activity levels within school, and a requirement for a sporting mark we have achieved, I will be noting down each week all the children that are absent or excused from PE. If your child is unable to participate in PE, they will need to bring with them a signed and dated letter detailing the reason. This is to ensure all children are participating in as much Physical Education as possible. If your child does not have a letter, they will be expected to take part in the lesson.

Autumn Term happenings ...

House Sports (*Key Stage 2 only*)

At the start of this term and off the back of the success of previous years, House Sports was launched in Key Stage 2. For those unfamiliar with this, House Sports is an ongoing sports competition in which every Key Stage 2 child will compete in at least once. House Sports will take place on Wednesday lunchtimes (weather permitting) from 12:15pm - 12:50pm. There are six sports in our programme, which will run for half a term each, these are:

Autumn Term 1	-	Football
Autumn Term 2	-	Tag Rugby
Spring Term 1	-	Netball
Spring Term 2	-	Quick Sticks (Hockey)
Summer Term 1	-	Basketball
Summer Term 2	-	Kwik Cricket

The children have already chosen three of the sports they would prefer to compete in and are guaranteed to get at least one of these. Unfortunately, no guarantee can be made about which and how many of their choices they are successful in. This is largely dependent on the number of children in each House and how many of them choose the sport in question - every effort will be made to ensure children receive a fair and equal opportunity.

Outside the ICT suite, our House Sports board will show the progress of each House as well as the up-and-coming fixtures and team selections. When your child is selected for a sport, you will receive a letter in advance informing you and requesting that they bring their kit in. As House Sports run on a Wednesday, children will need their kits for this even if they have no other PE on that day.



Sports Clubs

Please note below the list of Sports Clubs on offer next term. Clubs marked with an asterisk (*) are provided by external companies and carry with them course fees.

Club	Open to	Teacher / Company	Date	Time	Location
Boys' Football Team	Year 4 - 6	Mr Rowles	"	12:15 - 12:50pm	Field
Senior Choreographic Team	Year 1 - 2	Wildern	"	3:20 - 4:15pm	Botley Rec
Tag Rugby	Year 5 - 6	Mr Rowles	Tuesday	12:15 - 12:50pm	Field
Tennis * (resumes Spring 2)	Year 1 - 6	JEM Tennis	"	3:30 - 4:30pm	Playground
House Sports	Year 3 - 6	Mr Rowles	"	12:15 - 12:50pm	Field
Key Stage 1 Football *	Year 1 - 3	Sports Excel	"	3:30 - 4:30pm	Field
Dance *	Reception - Year 6	Street Beatz	"	3:30 - 4:30pm	Botley Rec
Netball	Year 5 - 6	Mr Cooil	"	3:30 - 4:15pm	Playground
Change 4 Life (select group)	Year 3 - 4	Sports Crew A	Thursday	12:15 - 12:50pm	Playground/Field
Key Stage 2 Cross Country	Year 3 - 6	Mr Rowles	"	3:30 - 4:15pm	Botley Rec
Performing Arts *	Year 1 - 6	TPA Academy	"	3:20 - 5:20pm	Botley Rec
Girls' Football Team	Year 4 - 6	Mr Rowles	Friday	12:15 - 12:50pm	Field
Change 4 Life (select group)	Year 1 - 2	Sports Crew B	"	12:15 - 12:50pm	Playground/Field
Key Stage 2 Football *	Year 4 - 6	Sports Excel	"	3:30 - 4:30pm	Field
Karate *	Year 1 - 6	SAMA Karate	"	3:45 - 4:45pm	Botley Rec



Sport Stars

Unfortunately, due to the new *GDPR* guidelines, we are no longer able to publish photos and information about specific children and their sporting achievements.

Whilst we remain incredibly proud of all the fantastic sports men and women at our school, these guidelines prevent us from sharing this publicly.



Cross Country club

As a result of past successes, our Key Stage 2 Cross Country club was launched in early September. Based at Botley Recreation Ground, the weekly club has been catering to over 30 children. The children have trained hard and are now recording some fantastic times - something we hope to put to good use in competitions scheduled for 2019.



SCHOOL GAMES UPDATE



As detailed in last year's Summer Edition (Newsletter 22), Botley C of E Primary School was awarded the Platinum mark for school sport from the School Games (www.yourschoolgames.com). We have been working hard to ensure every effort has been made to maintain this pinnacle level of award. Our School Games Organising Crew (SGOCrew) will meet regularly throughout the year to prepare for key events such as Sports day and National School Sport Week.

The crew is currently made up of the following children:

School Games Crew	Crew A	Ryan, Jake, Finley, James, Jessica, Lucena, Poppy and Yvie
	Crew B	Freddie, Toby, Amelia, Jessica, William, Rowan, Ryan, Lewis, Oliver
House Captains	Air	Thomas and Milly
	Earth	Ethan and Florrie
	Fire	Zach and Ruby
	Water	Sam and Frank

SPONSOR

We would like to say a huge thank you to Sam Hughes and Liam Thomas (both parents of children at Botley) who, through their recruitment based company - Highfield Professional Solutions - have once again sponsored the school for a new sports kit. This has already been put to use in various competitions and we are truly thankful for their generous support.



Fixtures and Events



Year 5 Boys' football

On Tuesday 11th September, 9 children from Year 5 travelled to Berrywood to kick off our year of sport with a Hampshire FA qualifying football tournament. Having won all our group games, we progressed to the semi final, where we overcame a tough Fair Oak side to win 1 - 0 in the dying seconds. The final pitted us against Freegrounds and an early 2 goal buffer settled nerves, meaning Botley triumphed and progressed to the next round of the competition. What an amazing start to the year!

Year 6 Boys' football

Tuesday 18th September saw a team of 8 * Year 6 Boys' compete in the qualifying stages of the Hampshire U11's Sevens tournament at Berrywood. Against tough opposition, the boys gave it their all and demonstrated great progress throughout. They unfortunately did not make the qualifying stages, having posted 2 wins, 1 draw and 1 defeat. We can take much hope from the progress shown and will continue to work hard during weekly training sessions.



Girls' football

Tuesday 25th September, 9 x Year 5/6 Girls took part in the Hampshire Sevens Under 11's Girls' football tournament at Berrywood. Despite this being the first experience for many, the girls played some fantastic football and demonstrated superb teamwork. They finished the event having lost their first game and drawn their remaining fixtures.



Year 5 Boys' football - Hampshire Finals

Having won the previous round of the competition, our Year 5 squad progressed to the Hampshire Finals on Friday 28th September. Held at Wide Lane, the event hosted schools from across the county. In amongst stiff competition, our boys played in fantastic spirit and gave their all in an attempt to match/better their opponents. Having won all their games, we were crowned English Schools FA U10 County 7's champions - an amazing achievement for our school and testament to the incredible efforts of our squad. This is the first time, to my knowledge, that we have won at this platform and the boys can be rightly proud of their efforts.



Year 5/6 Cross Country



On Tuesday 9th October, 20 children from Year 5/6 travelled to Mallards Moor, Hamble to compete in the Partnership Cross Country event. Facing a gruelling 2km course, the children ran fantastically and were, once again, a real credit to our school. A special mention must go to Rowan (Year 5) who finished 1st and to our Year 5 Boys' team who won their division.



Year 3/4 Cross Country

Due to circumstances beyond control, the Year 3/4 Cross Country event scheduled for Tuesday 16th October was unfortunately postponed. All those involved will be notified of the re-scheduled date as soon as it is announced.



Year 2 Football

Friday 19th October saw 2 x 5-a-side teams from Year 2 travel to Wellstead for our first Key Stage 1 event of the year. Despite many having never represented the school before in competition, the children played brilliantly and the event was a superb experience for all - our 'A' team coming out as eventual champions. Many thanks to our School Games Organiser, Darren Waterman, who managed our teams throughout the event.

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Team Table Tennis

Tuesday 30th October saw 1 x Boys' and 1 x Girls' team participate in the Team Table Tennis event held at Wildern. Working in teams of 4, with each player playing for 2 minutes, the rolling scores soon racked up and competition was fierce. Great progress was made throughout and we left the event with the Boys in 2nd place and our Girls as champions!



Year 4/5 Dodgeball Festival

Tuesday 6th November saw us visit Wildern for a Year 4/5 Dodgeball festival. The event, attended by 9 schools, was a great success and provided a great platform for children to experience a new sport.

Throughout the event, the 8 Botley children were superb and played with both passion and determination; representing our school brilliantly.

Individual Table Tennis

Tuesday 13th November was the date of the Year 5/6 Individual Table Tennis competition at Wildern. 8 children were selected and went about competing with gusto. Following some fantastic play, an all Botley final followed in both the boy's and girl's categories. Lucena triumphed over Florrie with Lewis getting the better of Ethan. Another super event for Botley Primary School!



County Team Table Tennis

Sunday 25th November saw our Year 5/6 Team Table Tennis squad compete in the County Finals in Totton. In amongst stiff competition, the girls played superbly and made it through to the final. Facing specialists in their field, the squad put up a superb battle and left as Runners Up in Hampshire - an incredible achievement and one the girls should feel immensely proud of.



Year 5/6 Indoor Athletics

On Tuesday 4th December, 12 children from Year 5/6 competed in the partnership Indoor Athletics event at Hamble. Working across numerous track and field events, our children showed amazing determination and pulled out some incredible individual performances. We finished 6th in a very strong field and can be proud of our efforts throughout.



Year 3/4 Indoor Athletics

Tuesday 11th December saw 12 x Year 3/4 children follow in the footsteps of Year 5/6 by travelling to Hamble to compete in Indoor Athletics. Our children were a credit and applied themselves fantastically, finishing 4th in a hard fought competition.

House Sports

The House Sports for this term have been Football and Tag Rugby. Throughout these, 109 children from across Key Stage 2 have represented their Houses, competing in fantastic spirit.



As it stands, the leaderboard currently looks like:



1 st place	Earth	28 points
2 nd place	Water	19 points
3 rd place	Air	18 points
4 th place	Fire	17 points

Netball and Quick Sticks are the House Sports for the Spring terms. How will these fast, fun and inclusive sports change the leaderboard? ... only time will tell!

Spring Term schedule

PE / Themes

Reception	Games - Ball skills (Pushing, patting and rolling)	Gymnastic activities - Encouraging safe dismounts
Key Stage 1	Invasion Games	Gymnastic activities - Basic shapes, additional rolling techniques and climbing
Year 3/4	Invasion Games - Balls	Gymnastic activities - Partner up and roll



Year 5/6	Invasion Games - Netball	Gymnastic activities - Push, Pull and Skip
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House Sports

Spring Term 1 - Netball

Spring Term 2 - Quick Sticks

Fixtures and Events

January

Thursday 10th January 2019 - Year 5/6 Swim gala at Wildern

Tuesday 15th January 2019 - Year 5/6 Basketball at Wildern

Tuesday 22nd January 2019 - Year 5/6 B and C team Basketball at Wildern

Tuesday 29th January 2019 - Year 5/6 Hockey at Hamble

February

Tuesday 5th February 2019 - Year 5/6 B and C team Hockey at Hamble

Tuesday 12th February 2019 - Reserved for Cluster events

Thursday 14th February 2019 - Cross Country Partnership Trials

Thursday 28th February 2019 - Year 5/6 Girls' Football (Cluster event) at Berrywood

Year 3/4 AquaSplash at Wildern - Details TBC

March

Thursday 7th March 2019 - Year 5/6 Boys' Football (Cluster event) at Berrywood

Tuesday 12th March 2019 - Year 5/6 Netball (Cluster event) at Wildern

Tuesday 19th March 2019 - Year 5/6 Girls' Football at Berrywood

Tuesday 26th March 2019 - Year 5/6 Boys' Football Finals

Year 5/6 Tag Rugby - Details TBC

Year 3/4 Key Steps Gymnastics - Details TBC

Key Stage 2 Dance - Details TBC

April

Tuesday 2nd April 2019 - Year 5/6 Netball Finals



I am very much looking forward to another successful year of sport at Botley Primary School. The children have been fantastic so far and I have no doubt this will continue in the months to come.

As a closing note, I am always keen to support the children in their sporting quests. If anyone has any ideas or suggestions for developing PE further, please do not hesitate to contact me.

Yours sincerely,

Andy Rowles
Primary PE Specialist

Heavenly Father,

We pray that you keep your hand over our children during their sporting activities. Shield them from injury and support them throughout their development. Their abilities are a blessing from you, God. We pray that they play fair and strong, and remember to thank you when victory is theirs.

- Amen

