

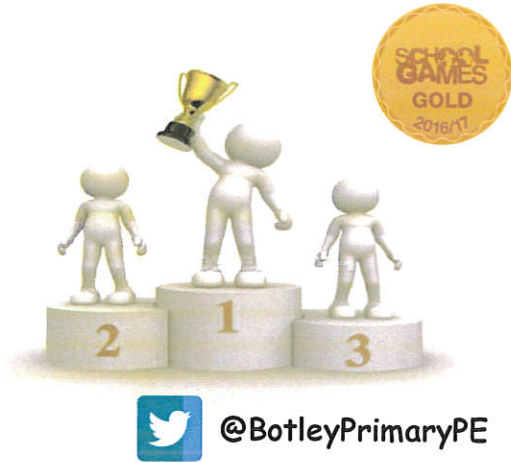
# PE NEWSLETTER

AUTUMN / CHRISTMAS EDITION

Newsletter 20

18<sup>th</sup> December 2017

Dear parents,



With thoughts of Christmas well in our minds, I write to update you on the recent sporting activities at Botley C of E Primary School and our plans for the coming months. As a school, we are fully committed to providing high quality opportunities for our children to encourage healthy, active lifestyles. Despite only being a matter of months into the school year, our PE data is already looking strong! So far this year, 58% of all Key Stage 2 (112 children) have taken part in Level 1 sporting competitions at school, with 42% (81 children) having represented our school at Level 2 competitions. 55% of the entire school body (188 children) have regularly attended some form of extra-curricular sports club during the Autumn term.

Before I divulge our recent activities, just a quick note on PE requirements -

## PE Kit

A large majority of this year's PE will be taught outside. In order to facilitate this effectively, may I ask that children have the following items additional to their normal PE kit:

- Warm clothing (including woolly hats and gloves). Hooded tops may be worn but the hoods will need to be tucked in should the topic be an Invasion game. No scarves are permitted as these present potential safety issues, such as strangulation.
- Waterproof tops - A plastic mac or rain jacket would be ideal.
- Trainers - these provide much better grip and support than plimsolls, ideally laced but velcro if children would prefer or struggle with laces. Spare socks are also advisable.
- Plastic bag - the field does get very muddy in the winter months and, assuming it is still safe, we will endeavour to use it. Muddy trainers can be put in the bag to prevent other clothes from getting dirty and avoid trainers being left outside where the elements can get to them.  
*\* More applicable to children in Key Stage 2*
- Water bottle - most children have these in school. I would encourage children to bring these out as physical activity is very tiring and hydration levels need to be kept up to avoid fatigue-related problems such as headaches.

May I remind everyone that ALL jewellery needs to be removed or taped over for PE.

*Children in Reception will not require outdoor kit until after the February half term.*



## PE Absences

In order to keep a record of activity levels within school, and a requirement for a sporting Kitemark we have achieved, I will be noting down each week all the children that are absent or excused from PE. If your child is unable to participate in PE, they will need to bring with them a signed and dated letter detailing the reason. This is to ensure all children are participating in as much Physical Education as possible. If your child does not have a letter, they will be expected to take part in the lesson.

## Autumn Term happenings ...

### House Sports (*Key Stage 2 only*)

At the start of this term and off the back of the success of previous years, House Sports was launched in Key Stage 2. For those unfamiliar with this, House Sports is an ongoing sports competition in which every Key Stage 2 child will compete in at least once. House Sports will take place on Wednesday lunchtimes (weather permitting) from 12:15pm - 12:50pm. There are six sports in our programme, which will run for half a term each, these are:

Autumn Term 1	-	Football
Autumn Term 2	-	Tag Rugby
Spring Term 1	-	Netball
Spring Term 2	-	Quick Sticks (Hockey)
Summer Term 1	-	Basketball
Summer Term 2	-	Kwik Cricket

The children have already chosen three of the sports they would prefer to compete in and are guaranteed to get at least one of these. Unfortunately, no guarantee can be made about which and how many of their choices they are successful in. This is largely dependent on the number of children in each House and how many of them choose the sport in question - every effort will be made to ensure children receive a fair and equal opportunity.

Outside the ICT suite, our House Sports board will show the progress of each House as well as the up-and-coming fixtures and team selections. When your child is selected for a sport, you will receive a letter in advance informing you and requesting that they bring their kit in. As House Sports run on a Wednesday - children will need their kits for this even if they have no other PE on that day.



## Sports Clubs

Please note below the list of Sports Clubs on offer this year. Clubs marked with an asterisk (\*) are provided by external companies and carry with them course fees.

Club	Open to	Teacher / Company	Date	Time	Location
Karate *	Year 1 - 6	SAMA Karate	Monday	7:40 - 8:40am	Hall
Boys' Football Team	Year 4 - 6	Mr Rowles	"	12:15 - 12:50pm	Field
Senior Choreographic Team	Year 1 - 2	Wildern	"	3:20 - 4:15pm	Hall
Tag Rugby	Year 5 - 6	Mr Rowles	Tuesday	12:15 - 12:50pm	Field
Tennis *	Year 1 - 6	JEM Tennis	"	3:30 - 4:30pm	Playground
Dodgeball *	Year 1 - 6	Lee Davis	Wednesday	7:40 - 8:40am	Hall
House Sports	Year 3 - 6	Mr Rowles	"	12:15 - 12:50pm	Field
Key Stage 1 Football *	Year 1 - 2	Sports Excel	"	3:30 - 4:30pm	Field
Dance *	Reception - Year 6	Street Beatz	"	3:30 - 4:30pm	Hall
Netball	Year 5 - 6	TBC	"	3:30 - 4:15pm	Playground
Change 4 Life (select group)	Year 1 - 4	Change 4 Life Champions	Thursday	12:15 - 12:50pm	Playground
Key Stage 2 Cross Country	Year 3 - 6	Mr Rowles	"	3:30 - 4:15pm	Botley Rec.
Performing Arts *	Year 1 - 6	TPA Academy	"	3:20 - 5:20pm	Hall
Girls' Football Team	Year 4 - 6	Mr Rowles	Friday	12:15 - 12:50pm	Field
Key Stage 2 Football *	Year 3 - 6	Sports Excel	"	3:30 - 4:30pm	Field
Gymnastics *	Reception - Year 6	SuperNova	"	3:30 - 4:30pm	Hall



## Sport Stars

Does your child excel in sport? Have they achieved something special or something they are especially proud of? If so, please let me know! As well as having a dedicated Sport Stars board outside the ICT suite, this section of the newsletter is intended to give our young sports men and women the exposure they deserve!



**Name:** Luca Cocuccio

**Class:** Badger

**Sporting Achievement:** Luca recently completed the Subway 'Helping Hearts' 5k family run around Southampton Common.

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**Name:** Olivia Lewis

**Class:** Badger

**Sporting Achievement:** Olivia is a keen gymnast and swimmer. She has just completed her Stage 3 Water Skills Award - super work!

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**Name:** Lexi Rolls

**Class:** Otter

**Sporting Achievement:** Lexi recently took part in a swimming gala and left with a Bronze and 2 Silver medals: Bronze for 50m backstroke, Silver for 50m butterfly and freestyle.

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## Cross Country club

As a result of past successes and its ever-growing popularity, a Key Stage 2 Cross Country club was launched in early October. Based at Botley Recreation Ground, the weekly club has been catering to over 40 children. The children have trained hard and are now recording some fantastic times - something we hope to put to good use in competitions scheduled for 2018.



## SCHOOL GAMES UPDATE



As detailed in last year's Summer Edition (Newsletter 19), Botley C of E Primary School was awarded the Gold Kitemark for school sport from the School Games ([www.yourschoolgames.com](http://www.yourschoolgames.com)). We have been working hard all year to ensure every effort has been made to maintain this high level of award. Our School Games Organising Crew (SGOCrew) will meet regularly throughout the year to prepare for key events such as Sport Relief, National School Sport

Week. The crew is currently made up of our 8 House Captains and 6 Schools Games Crew / Change 4 Life Champions (children detailed below).

School Games Crew / Change 4 Life Champions	Louis Jones, George Blogg, Oliver Aldridge Lexi Rolls, Olivia Robson, Elizabeth Blewittt
House Captains	Air - Amalie Hoyle, Oliver Coppin Earth - Sam Wilson, Ava Lovell Fire - James Woods, Sadie Doye Water - Louis Courtney, Maddy Noble

## SPONSOR

We would like to say a huge thank you to Sam Hughes and Liam Thomas (both parents of children at Botley) who, through their recruitment based company - Highfield Professional Solutions - have sponsored the school for a new sports kit and gymnastics beam. These items will make a huge difference to, not only those attending competitions, but all the children in our school and we are truly thankful for their generous support.



### Pro Kick

September saw us face the Pro Kick Schools Challenge. Sports Connections hosted the event, in which everyone went head to head in a speed tunnel kick off\*. The day, which was a great success and enjoyed by all, raised £2064.35 in sponsorship.



\* Speed tunnel results ...

	Name	Speed
Fastest boy	Finley Burdett-Clark	46 mph
Fastest girl	Jess Winn	37 mph
Fastest male teacher	Mr Rowles	61 mph
Fastest female teacher	Miss Stanton	41 mph



## Fixtures and Events



### Year 5 Boys' football

On Tuesday 12<sup>th</sup> September, 9 children from Years 4 and 5 travelled to Berrywood to kick off our year of sport with a Hampshire FA qualifying football tournament. Despite losing their first game 1 - 0, the team showed determination and went from strength to strength. Having won the semi final on Golden goal, we faced Fair Oak in the final. Nothing could separate the teams and the game went to penalties. With Alfie Brewer netting from the spot and our goalkeeper, Finley Burdett-Clark, pulling off heroics; Botley triumphed and progressed to the next round of the competition. What an amazing start to the year!

### Year 6 Boys' football

Tuesday 19<sup>th</sup> September saw a team of 8 \* Year 6 Boys' compete in the qualifying stages of the Hampshire U11's Sevens tournament at Berrywood. Against tough opposition, the boys gave it their all and demonstrated great progress throughout. They unfortunately did not make the qualifying stages, having posted 3 defeats and 1 draw. We can take much hope from the progress shown and will continue to work hard during weekly training sessions.



### Girls' football

Tuesday 26<sup>th</sup> September, 9 x Year 5/6 Girls took part in the Hampshire Sevens Under 11's Girls' football tournament at Berrywood. Despite this being the first experience for many, the girls played some fantastic football and demonstrated superb teamwork. They finished runners-up in their group, posting a win, loss and draw.

### Year 5 Boys' football - Hampshire Finals

Having won the previous round of the competition, our Year 5 squad progressed to the Hampshire Finals on Friday 29<sup>th</sup> September. Held at Wide Lane, the event hosted schools from across the county. In amongst stiff competition, our boys played in fantastic spirit but unfortunately left having lost all but one game. This is the first time, to my knowledge, that we have competed on this platform and the boys can be rightly proud of their efforts.





### **Year 5/6 Cross Country**

On Tuesday 10<sup>th</sup> October, 22 children from Year 5/6 travelled to Mallards Moor, Hamble to compete in the Partnership Cross Country event. Facing a gruelling 2km course, the children ran fantastically and were, once again, a real credit to our school. A special mention must go to George Blogg (Year 6) who finished in the top 10, meaning he qualifies for District trials.

### **Year 3/4 Cross Country**

On Tuesday 17<sup>th</sup> October, 17 children from Year 3/4 competed in the partnership Cross Country at Mallards Moor. With myself on residential in France, these children ran fantastically with our Year 4 Boys' team coming in 2<sup>nd</sup> and Rowan Kolstoe winning the Year 4 Boys' event! A special mention must go to Mr Johnson who kindly oversaw the event in my absence.



### **Team Table Tennis**

Tuesday 31<sup>st</sup> October saw 2 \* Boys' teams and 1 \* Girls' team participate in the Team Table Tennis event held at Wildern. Working in teams of 4, with each player playing for 2 minutes, the rolling scores soon racked up and competition was fierce. Great progress was made throughout and we left the event with the Boys in 4<sup>th</sup> and 5<sup>th</sup> place and the Girls finishing 4<sup>th</sup>.

### **Year 4/5 Dodgeball Festival**

Tuesday 7<sup>th</sup> November saw us play host to a Year 4/5 Dodgeball festival. The event, attended by 3 schools, was a great success and provided a great platform for children to experience a new sport. Throughout the event, the 8 Botley children were superb and received countless stickers for demonstrating the Spirit of the Games values.



### **Year 5/6 Indoor Athletics**

On Tuesday 28<sup>th</sup> November, 12 children from Year 5/6 competed in the partnership Indoor Athletics event at Hamble. Working across numerous track and field events, our children showed amazing determination and pulled out some incredible individual performances. We finished 3<sup>rd</sup> in a very strong field and can be proud of our efforts throughout.

### **Year 3/4 Indoor Athletics**

Tuesday 5<sup>th</sup> December saw 12 x Year 3/4 children follow in the footsteps of Year 5/6 by travelling to Hamble to compete in Indoor Athletics. Our children were a credit and applied themselves fantastically, finishing 4<sup>th</sup> in a hard fought competition.





### Year 3 Football

On Thursday 7<sup>th</sup> December, we took a small group of Year 3 Boys to compete in a 3-way competition at Wellstead. Despite not winning any games, our squad showed great determination and improved throughout, playing some superb football at times.

### Individual Table Tennis

Tuesday 12<sup>th</sup> December was the date of the Year 5/6 Individual Table Tennis competition at Wildern. 5 children were selected and went about competing with gusto. Following some fantastic play, George Blogg and Florrie Marsh finished 1<sup>st</sup> and 2<sup>nd</sup> and both qualify for the County event in March. An amazing accomplishment for both.



### Thursday 14<sup>th</sup> December

Our first swim gala of 2017 saw 8 \* Year 5/6's travel to Bishops Waltham to compete in a variety of individual and relay events. Competing in fantastic spirit, our team gave their all and finished 4<sup>th</sup> in the event. It proved to be a great learning experience for our swimmers, one that they thoroughly enjoyed.

### Friday 15<sup>th</sup> December

With this being our final event of 2017, we set about our 2<sup>nd</sup> gala of the week with ambitions of finishing the year on a high. Once again, competing with a squad of 8, our children were incredible and swam beautifully. Unfortunately, victory was not to be ours but our efforts earned us a runners up spot, with Lexi Rolls and Yves Churcher breaking partnership records for their Butterfly and Breaststroke races.



### House Sports

The House Sports for this term have been Football and Tag Rugby. Throughout these, 112 children from across Key Stage 2 have represented their Houses, competing in fantastic spirit.



As it stands, the leaderboard currently looks like:

1 <sup>st</sup> place	Air	29 points
1 <sup>st</sup> place	Earth	29 points
3 <sup>rd</sup> place	Fire	17 points
4 <sup>th</sup> place	Water	11 points



Netball and Quick Sticks are the House Sports for the Spring terms. How will these fast, fun and inclusive sports change the leaderboard? ... only time will tell!

### Spring Term schedule

#### PE / Themes

Reception	Games	Gymnastic activities
Key Stage 1	Invasion Games	Gymnastic activities - Jump, Land, Travel
Year 3/4	Invasion Games	Gymnastic activities - Symmetry and Group Balances
Year 5/6	Invasion Games	Dance - Couch Potato theme

#### House Sports

Spring Term 1 - Netball  
 Spring Term 2 - Quick Sticks

#### Fixtures and Events

##### January

Tuesday 9<sup>th</sup> January 2018 - Year 5/6 Basketball at Wildern  
 Tuesday 16<sup>th</sup> January 2018 - Year 5/6 B and C team Basketball at Wildern  
 Tuesday 23<sup>rd</sup> January 2018 - Year 5/6 Hockey at Hamble  
 Tuesday 30<sup>th</sup> January 2018 - Year 5/6 B and C team Hockey at Hamble

##### February

Year 3/4 AquaSplash at Wildern - Details TBC  
 Tuesday 6<sup>th</sup> February 2018 - Cluster Football/Netball  
 Tuesday 20<sup>th</sup> February 2018 - Cluster Football/Netball  
 Tuesday 27<sup>th</sup> February 2018 - Cluster Football/Netball

##### March

Tuesday 6<sup>th</sup> March 2018 - Cluster Football / Netball  
 Tuesday 13<sup>th</sup> March 2018 - Cluster Football/Netball



Year 5/6 Tag Rugby - Details TBC

Tuesday 20<sup>th</sup> March 2018 - Year 5/6 Girls' Football at Berrywood

Tuesday 27<sup>th</sup> March 2018 - Year 5/6 Boys' Football Finals

Year 3/4 Key Steps Gymnastics - Details TBC

Key Stage 2 Dance - Details TBC

I am very much looking forward to another successful year of sport at Botley Primary. The children have been fantastic so far this term and I have no doubt this will continue in the months to come.

As a closing note, I am always keen to support the children in their sporting quests. If anyone has any ideas or suggestions for developing PE further, please do not hesitate to contact me.

Yours sincerely,

Andy Rowles (Sports Activity Coach)

*Heavenly Father,*

*We pray that you keep your hand over our children during their sporting activities. Shield them from injury and support them throughout their development. Their abilities are a blessing from you, God. We pray that they play fair and strong, and remember to thank you when victory is theirs.*

*- Amen*

