

What is
bullying?

When is it bullying?

Several

Times

On

Purpose

Who can I tell?



MOST
IMPORTANTLY:

If you are being
bullied, **Start
Telling Other
People!**



Are these bullying?

- Jay gets pushed accidentally once in the school corridor.
- Daz is made to give his dinner money to Gaz every day.
- Jak is clumsy and without meaning to he has knocked over Jay's drink twice this week at lunch.
- Maz is deliberately tripped over in the playground by Sash 3 times every week.
- Jay is being waited for every night after school by a group of lads
- Maz and her friend Laya have an argument and Laya makes one hurtful remark.
- Jay is playing football and he and another boy go in for a tackle and Jay hurts his leg.
- Sash waits for Jay outside the dinner hall every day so that he can hit Jay.
- Once a week someone puts horrible messages on Jay's wall on Facebook.
- Jay is playing football. He keeps getting pushed over by Gaz and his friends every time he tries to get the ball.
- Every day Sash looks for a way to trip Jay up. She always says that she didn't meant to do it and that it was an accident.



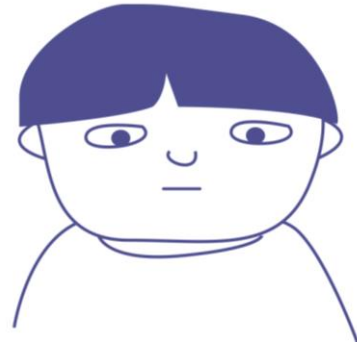
Who are the people in school that can help us to reduce and respond to bullying?



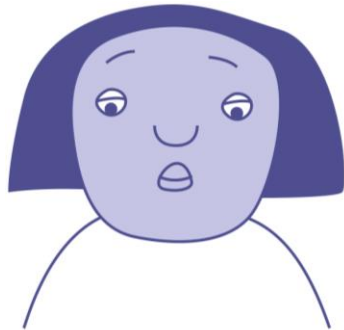
Change starts with...?

What could you do?

Max is not himself today. He has hardly said a word.



Jasmine is sitting on her own at lunch. She looks lonely.



You hear snuffles coming from one of the toilets. It sounds like crying.



Smile

Laugh

Sit with them

Ask if they are OK

Ignore them

Compliment them

Find an adult

Walk away

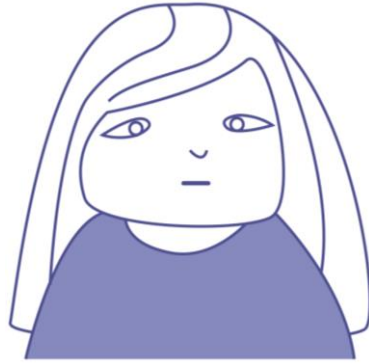
Invite them to join

Ask if you can help

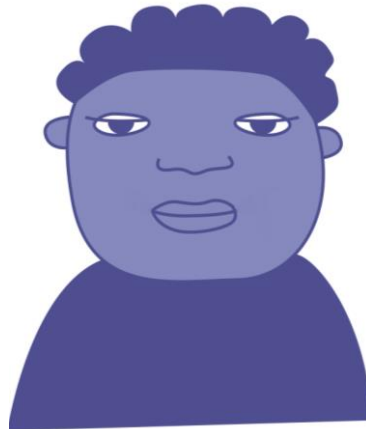
Change starts with? ...

What could you do?

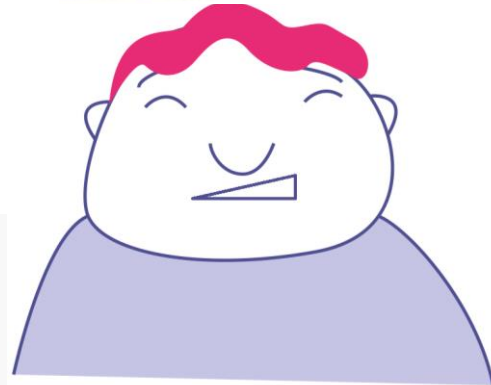
Faiza is reading a message on her phone. She looks worried.



You hear someone saying something nasty to Grace in the playground.



A pupil from another class is wandering around with no one to play with.



Smile

Laugh

Sit with them

Ask if they are OK

Ignore them

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Walk away

Invite them to join

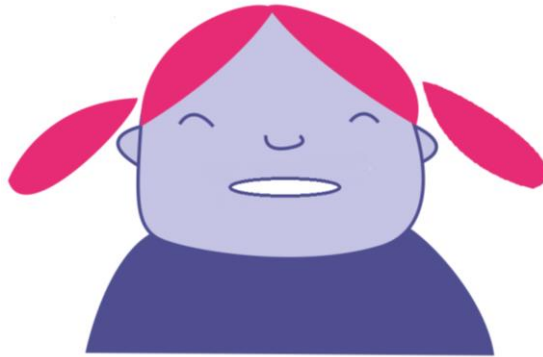
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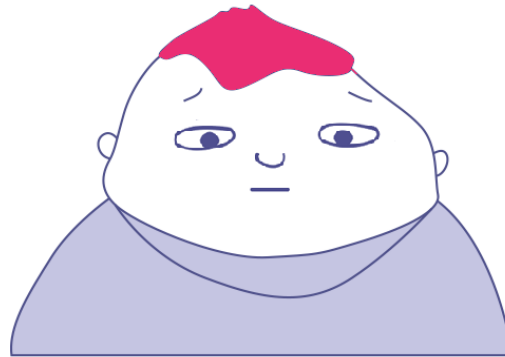
Change starts with? ...

What could you do?

You see your friend push someone & say, 'You can't play with us' to another pupil.



Someone makes a joke about Isaac. He doesn't laugh and looks upset.



Someone sends a mean message to you about a person in your class.



Smile

Laugh

Sit with them

Ask if they are OK

Ignore them

Compliment them

Find an adult

Walk away

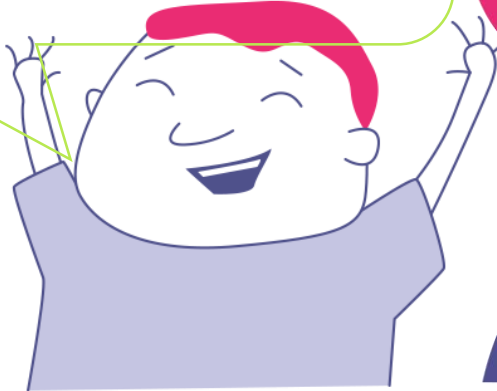
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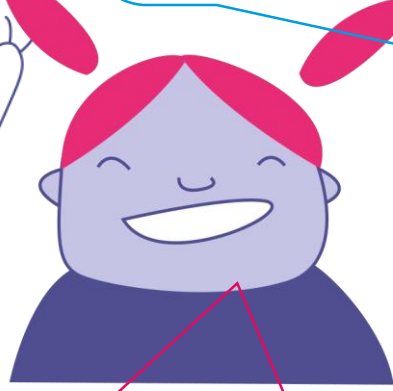


What can you do?

“...looking out for children who look lonely at lunch.”



“...choosing not to share things that could upset someone else.”



“... asking pupils how their lunch break has been every day!”



“...inviting people to join in even if they aren't my friends.”

“... making sure my friends always know they can talk to me.”