

# Year 5/6 Sex and Relationship Education



**Botley C of E Primary  
School**

## Aims of presentation:

- Introduction and overview of the curriculum
- Understanding of what we will be covering

# Our School policy

## Rationale:

All children should be offered a well-planned programme of sex and relationship education during their school career that is **complimentary and supportive to the role of parents**, and encourages our children to cultivate their own moral values.

# Sex and relationship education

## Primary schools

**1.12** The Department recommends that all primary schools should have a sex and relationship education programme tailored to the age and the physical and emotional maturity of the children. It should ensure that both boys and girls know about puberty and how a baby is born – as set out in Key Stages 1 and 2 of the National Science Curriculum. Section 3 gives further information on what should be taught at these stages and how this should be rooted in the PSHE framework.

**1.13** All children, including those who develop earlier than the average, need to know about puberty before they experience the onset of physical changes. In the early primary school years, education about relationships needs to focus on friendship, bullying and the building of self-esteem. [...]

Procedures: full RSE programme offered in Year 5/6 subject to parental consent - you may not, however, withdraw your child from those aspects of RSE covered in the science curriculum.

# The RSE curriculum

1. The human life cycle
2. Puberty (physical and emotional changes)
3. The reproductive organs
4. The menstrual cycle
5. Conception
6. Stages of pregnancy

# What is covered in the National Curriculum

Pupils should find out about different types of reproduction,

Pupils should draw a timeline to indicate stages in the growth and development of humans. They should learn about the changes experienced in puberty.

Pupils could work scientifically by researching the gestation periods of other animals and comparing them with humans; by finding out and recording the length and mass of a baby as it grows.

# Key aims from Education Policy

- Encourage a greater self-awareness
- Lead children to being comfortable with their own body
- Prepare children for the next stage of education and the next stage in their development
- Help children feel informed
- Dispel myths
- Develop children's knowledge about relationships
- Further support pupils through their moral, emotional and physical development
- Emphasis on relationships

# Key principles from Education Policy

- Staff will present facts in an objective, balanced and sensitive manner
- We will encourage children to appreciate the value of stable and loving family life and the responsibilities of parenthood. We will emphasise that the way in which families are made up is diverse and we need to respect this in society today. This is in-line with the Fundamental British Values and our Heart Values.
- We will prepare children to view their relationships in a responsible and healthy manner
- We will consider the importance of self restraint, dignity, respect for themselves and others

# Key procedures from education policy

- Year 5/6 will work in their usual classes
- Mostly taught in mixed sex groups
- All children learn all of the curriculum
- Single sex sessions for an extra opportunity to ask questions
- Anonymous question box provided
- Opportunities for children to raise individual concerns/worries - staff may not promise confidentiality to children
- Taught in accordance with School's Sex and Relationship Education Policy
- All resources approved by the School's Governors

## To finish....

We will be teaching Sex Education in the week beginning 1<sup>st</sup> July.

It might be your child comes home and asks you questions or wants to discuss things they have learnt.

Take the opportunity to discuss with your child as they will find this valuable.

If you have any questions, we are more than happy to answer them. *In advance of us teaching this unit of work*, please e-mail the school office and a member of the Year 5/6 team will be in contact with you.